



# Styling & Body Image Package Options

## **PACKAGE 1**

1 Hour Body Image Session  
1 Hour "Fashion Show"  
1 Hour Reflection & Debrief

**VIRTUAL \$350**  
**IN PERSON \$400**

## **PACKAGE 2**

1 Hour Body Image Session  
1 Hour "Fashion Show"  
Online Shopping for 5 Outfits  
1 Hour Reflection & Debrief

**VIRTUAL \$450**  
**IN PERSON \$500**

## **PACKAGE 3**

1 Hour Body Image Session  
1 Hour "Fashion Show"  
2 Hour In Person Shopping Session

**IN PERSON \$650**

**Georgia Based**

**Available to travel for additional fee\***

1 Hour Reflection & Debrief

**\*Additional Body Image Sessions - \$200**  
**(becomes a therapy client)\***

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